

FAST TRACKS FOR AFRICA 5K

HARVARD COLLEGE ALLIANCE FOR AFRICA
CAMBRIDGE, MA

MAIL IN REGISTRATION FORM

Where: Charles River Reservation Bike Path, Start at corner of JFK Street and Memorial Drive

When: April 23rd, 2011 at 11:00 AM

Course: Beautiful 1.5 loop scenic course along the Charles River Bike Path

Registration Fee: \$15 for participants with a valid Harvard ID and \$20 for non-Harvard affiliates
All proceeds from the race will go directly to the construction of the health clinic in Ambatomasina Madagascar started by our group last summer 2010.

The first 50 people to register will receive a free HCAA T-shirt!

To Register

On Line: Harvard Box Office or SEF. Waivers can be signed when you pick up your number on race day.

By Mail: Send completed entry form to

Fast Tracks for Africa 5k
18 Lowell House Mail Center
Cambridge, MA 02138

Only checks are accepted (make checks out to Harvard College Alliance for Africa)

Questions:

Email fasttracks5k@gmail.com

Race Day: Number pick-up and check-in begins at 9:00 AM – 10:45 AM at the corner of JFK Street and Memorial Drive. Race day registration is available between 9:00 AM and 10:00 AM ONLY. Race starts at 11:00 AM.

Mail-in Registration Form—make checks payable to Harvard College Alliance for Africa

Name: _____

Email: _____

Address: _____

City, State, Zip: _____

Phone: _____

Date of Birth: _____

Age on Race Date: _____

Gender (circle): Male Female

Signed Waiver Included? Y N

Waiver (must be accepted to participate): I for myself, heirs, executors, and administrators waive and release the Harvard College Alliance for Africa (HCAA), the Department of Conservation and Recreation (DCR), its race officials, and its volunteers from any and all claims for damages and actions for any injury, including death, that may occur as a result of my participation in or traveling to or from the 4th Annual Fast Tracks for Africa 5K on April 23rd, 2011. I also grant permission to use my photos or videos of my participation without obligation to me.

I have read and understand the foregoing release and sign it voluntarily.

Printed Name _____ **Signature** _____ **Date** _____

The Fast Tracks for Africa 5k will follow the route outlined below:

START: Next to the N. Harvard St. Bridge (Anderson Bridge) at the corner of JFK St. and Memorial Dr.

END: Between the Elliot Bridge and N. Harvard St. Bridge on the side of the river next to Soldiers Field Rd.

COURSE SUMMARY: 1.5 loops between the N. Harvard St. Bridge (Anderson Bridge) and Elliot Bridge

The race will start near the N. Harvard St. Bridge at the corner of JFK St. and Memorial Dr. and follow the bike path along Memorial Dr. towards the Elliot Bridge. Runners will cross over Elliot Bridge and follow the bike path along Soldiers Field Rd. back toward the N. Harvard St. Bridge. Runners will then cross over the N. Harvard St. Bridge and continue back down the bike path along Memorial Dr. towards the Elliot Bridge. They will cross the Elliot Bridge one more time and follow the bike path along Soldiers Field Rd. to the finish, which will be between the Elliot Bridge and N. Harvard St. Bridge.

Runners will only be on the paved portions of the Charles River Bike Path. No road closings will be required.

