

**Harvard University Cycling Association**  
Second Race of the ECCC season:  
Pennsylvania Glyceraldehyde 3-Phosphate Dehydrogenase Classic

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**Cambridge, MA** – Harvard headed down to the middle of Pennsylvania for an action packed three-race, two-day weekend. In the second race of the Eastern Collegiate Cycling Championship (ECCC) season, Harvard University Cycling Association (HUCA) fielded a team of eleven men and five women riders for the Pennsylvania Glyceraldehyde 3-Phosphate Dehydrogenase Classic. Support came from two team coaches and team mascot “Corby the dog”. The race weekend consisted of three races. On Saturday, Harvard’s team raced in the Rattlesnake Pike Uphill Individual Time Trial, and the Historic Bellefonte Criterium, and on Sunday in the State College Circuit Race.

**The Rattlesnake Pike Uphill Individual Time Trial** was a challenging (translation: killer) five-mile uphill race, including four switchbacks. It is the only individual time trial of the 2004 season. The organizers’ recommendations were to bring oxygen and climbing gear – about right for the conditions: snow and wind. In Women’s A, HUCA poobah Amy Kerdok finished a strong second place with a time of 24.35 minutes behind Penn State’s Sarah Bickerstaff and beating last week’s leaders including Dartmouth’s Amy Wallace and Rutgers’ Lori Romero who came in ninth and seventh respectively. Lisa Young hung on for twelfth with a time of 27.54 minutes. It was a tough race, admits Lisa: “I’ve never gasped and wheezed so much in my life!” In Men’s A, Harvard’s Jay Ku finished eleventh in a time of 21.17 minutes out of a field of thirty seven riders. Chris Akana came in thirty-fifth place with a time of 24.56 minutes.

The Women’s B team finished strongly with Janet Lorang placing fifth with a time of 28.20 minutes, Pam Kiely placing twelfth with a time of 31.44 and Sophia McKinley placing seventeenth with a time of 35.11 minutes. “It was the first time doing anything like this for all of us,” said Janet, “But we actually had fun. We made it up the hill on our bikes thanks to some fabulous uphill songs chosen in the van the night before.” Harvard did not field a team for Men’s B which was again largely dominated by University of New Hampshire (UNH) fielding five of eighteen riders to cross the line.

The Men’s C team had a strong showing with Daniel Matross crossing the line first with a time of 21.15 minutes ahead of Joseph Davis of Rutgers and Dennis Koch of Penn State. It was “a low-gear five-mile suffer-fest” admits Daniel. Mark Pachucki placed a solid fifteenth with a time of 23.26 minutes and Alexander Turnbull finished thirty-second with a time of 25.27 minutes. Men’s D finished strongly with Nathaniel Brahms finishing seventh in 24.57, Stewart Ellis finishing eighth in 24.59 and Nathaniel Craig finishing tenth in 25.13. Stephen Maxwell finished nineteenth in a time of 26.28, but, admits Stewart, “we also felt we could have gone harder.”

**The Historic Bellefonte Criterium** followed a fast rolling one-mile loop through a pretty town with four turns and an uphill finish that followed the same course as the 2002 ECCC Championships. Lisa Young placed sixth, closely followed by Amy Kerdok in eighth who scored eleven points in the sprints despite crashing out on a corner. “She went ‘as low as you could go,’” says Lisa, “and her wheels slipped out from underneath her. But she ran to the pit and got back in the race to score some serious sprint points.” Amy scored two first places, one second place and one third place in the sprints (though one was not counted as it followed her free lap). In Men’s A

Jay Ku finished a strong eighth place winning three points in the sprints. Stuart Gillespie finished twenty-fifth, scoring two points in the sprints and Christopher Akana finished thirty-first.

In Women's B Pam Kiely placed fourth, Janet Lorang placed fifth scoring five points in the sprints – finishing fourth, third and third – and Sophia McKinley placed twenty-third. Two riders disappeared off the front at the start of the race, but Pam and Janet tucked in behind Amy Todd, who finished seventh, to finish strongly despite an unclipped pedal for Janet on the final hill.

In Men's C, Daniel Matross finished in thirteenth place, Ramses Ayala placed twenty-eighth, Jamie Wong placed thirty-second and Mark Pachucki placed forty-fourth. "The pace was furious at the beginning, and generally tough the rest of the way," says Daniel. "No one scored any points, but we all had respectable results." In Men's D great teamwork brought strong results. Stephen Maxwell had another good race, sprinting to a third place finish behind two UNH riders, with Stewart Ellis hot on his heels in fifth (behind another UNH rider) and Nathaniel Brahms placing eighth. All three scored points in the sprints – Stephen scoring one, Stewart scoring one and Nathaniel scoring five. Nathaniel Craig was crashed out of the race. Harvard pushed the pace early to break up the field, but lost two UNH riders off the front in a break just after the first sprint.

**The State College Circuit Race** on Sunday rolled through a two-mile loop with a steep hill – or wall – of unknown gradient along Fraser Street. In Women's A, Amy Kerdok placed fourth behind Sarah Bickerstaff of Penn, Kate Stange of Brown, and Laura Hanlon of Penn. Lisa Young placed seventh. "The killer little hill in this race shattered the fields in all of the races," says Lisa. "Amy led a successful break away up the hill on the second lap. She stayed with the group for a while, but then ended up riding a grueling six laps by herself." In Men's A, Stuart Gillespie placed seventh and Jay Ku placed thirteenth.

In Women's B, Pam Kiely placed third behind Gretchen Czaja of UNH and Jenna Blake of Boston University, winning the pack sprint despite a crash on the second lap. "She dominated the pack for the rest of the race, smartly avoiding crashes number two and three," says Janet. Janet Lorang placed ninth just off the back of the front pack and Sophia McKinley placed twenty-third.

In Men's C, Daniel Matross placed thirteenth, Mark Pachucki placed thirty-first, Ramses Ayala placed thirty-second and Jamie Wong placed thirty-fifth. "The race was quick of the start," says Daniel, "but apart from one guy who tried an ill-fated solo break, the front of the race was devoid of tactics. In the middle of the pack, Ramses and Mark set tempo together, and Jamie found some wheels, but ultimately none of them could bridge the gap to a front pack that dwindled to about twenty riders." In Men's D, Nathaniel Brahms placed tenth, Stephen Maxwell placed twelfth, Stewart Ellis placed fifteenth and Nathaniel Craig placed thirty-eighth. "On the third lap the UNH rider [Zach Via] who won both Saturday races went off the front, and UNH went into their familiar blocking routine," says Stewart who bridged to the lead rider but was eventually dropped. Via rode the final five laps alone to win by over a minute.

In a weekend of triple points Harvard placed fourth with 534 points, behind Penn State enjoying the home advantage with 1010, Dartmouth with 676, and UNH with 650. Overall in the ECCC so far, Harvard placed third, again behind Penn State and UNH. Harvard is looking forward to the challenges of next weekend's racing at Columbia and Princeton. HUCA - Bring it On!

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**Harvard University Cycling Association (HUCA)** is the official cycling club of Harvard University and comprises undergraduate and graduate student racers. HUCA is leading the way in growing the sport of collegiate cycle racing. The strength of the team is built on community involvement, world-class coaches, generous sponsors, student organization and dedicated riders. HUCA is a United States Cycling Federation (USCF) sanctioned team. The USCF is the national governing body for cycle racing in the United States of America.

HUCA is proud to be sponsored by Wheelworks, Cannondale, Skyline Ventures, David Wagener, Mercedes Benz, Bank One Equity Partners, Velo La Source, Arcadia Partners, Clif Bar, Oakleys, and Peet's Coffee & Tea. Without the kind generosity of all our sponsors we would not be able to race.

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