

Women's Swimming & Diving

December, 2005

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COACH'S CORNER

Harvard Rolls Past No. 24 Kansas, Northeastern

Dec. 2-3, 2005

<http://gocrimson.collegesports.com/sports/w-swim/recaps/120305aab.html>

It was an exciting weekend for Harvard Women's Swimming and Diving. For the second year in a row, we competed against Kansas, ranked 24th, and defeated the Jayhawks 198-121. Northeastern was also part of the double dual meet and performed well but could not match our depth as we won 244-74.

Our team was united, confident and strong. I was proud that our swimmers and divers didn't let early wins by Kansas affect them and instead focused on racing one event at a time. Out of nine events on the first day, Harvard won the last four in a row putting us ahead by 29. With momentum on our side, the second day of competition began with a 1-2 punch by Erin Mulkey and Amanda Slaight in the 100 free. HWSD then went on to win the 200 back, 200 breast, 500 free, 200 IM and 3 meter diving.

While almost every race was close and exciting, the highlight of the meet for the coaching staff came with the 400 Free Relays. We frequently discuss racing, putting yourself on the line for your team and handling pressure—all important concepts for our end of the year taper and shave meet. Our final three relays proved that our Harvard swimmers are definitely true competitors. In the first heat, our C relay team of Christi Morrissey, Paola Duguet, Emiley Jellie and Carol Green went head to head with the Kansas C relay team. We were out to a strong start but Kansas had a great anchor leg. It was only by Carol's lunging for the wall on a perfect finish that Harvard won the match 3:39.86 to 3:39.87. In the next heat, our A and B relays were also in close races. Our B relay, of Kathleen Huber, Catherine Skoda, Kim Linsenmann and Noelle Bassi, was putting on a good fight next to the Kansas B team and while Noelle went into the water 2.2 seconds behind, she ran down the Kansas girl by splitting a 51.9 and touched them out by .53. Final times were Harvard B 3:35.07 and Kansas B 3:35.60. Two lanes over, our A team took on the top four sprinters at Kansas. Amanda Slaight led off in 52.5 with Emily Wilson, 52.0 and Meaghan Colling, 52.4 to follow. Erin Mulkey dove in .83 behind the Kansas swimmer and by splitting a 50.67, she caught her and Harvard won by two one-hundredths of a second, 3:27.66 to 3:27.68. As for the swimmers and divers who were not participating on those final three relays, they lined the sidelines and cheered until it was almost deafening in the pool.

Highlights:

- *Noelle Bassi betters her own team record in the 200 fly to a 1:59.01 and picks up three NCAA consideration times: 200 fly, 400 IM (4:23.24) and 500 free (4:53.14).
- *Emiley Jellie wins the 1650 in a time of 16:47.70 and earns a NCAA consideration time.
- *Lindsay Hart wins the 200 back and 200 IM. Her time of 2:01.05 in the 200 back earns her a NCAA consideration time.
- *Erin Mulkey and Amanda Slight combined for a 1-2 punch in the 50 and 100 free. In the 50, Amanda won with a time of 23.64 and Erin won the 100 with a 51.51.
- *Meaghan Colling wins the 200 breast with a 2:19.26. LeeAnn Chang was second with a 2:19.59.
- *Samantha Papadakis wins both the 1 meter and 3 meter diving events. Alison Pipitone was 4th on 1 meter and 3rd on 3 meter and Annika Giesbrecht was 5th and 6th.

Full Harvard, Kansas and Northeastern Results:

<http://gocrimson.collegesports.com/sports/w-swim/stats/2005-2006/harv-ku-nu.html>

Special thanks to diving alum Ali Shipley '01 and Cathy Josman '84. Since Keith Miller is in Georgia with our men's team, both Ali and Cathy were kind enough to assist our divers by coaching and scoring at the meet.

HWSD is currently 6-0, we travel to Philadelphia this weekend to compete against Penn on Saturday, December 10 at 12:00 pm. Our goal is to be 7-0 before the holiday break.

TEAM UPDATE

***Southeast Asian Games**

Jackie Pangilinan made both the Philippines and Harvard proud with her races in the 100 meter and 200 meter breaststrokes at the Southeast Asian Games this past week. Jackie earned the bronze in the 100 breast with a time of 1:12.73 and a silver in the 200 breast with a time of 2:35.58. Converted to yards, these times are 1:03.28 and 2:16.91 respectively. While Jackie was disappointed to miss our Kansas meet, the experience at the Southeast Asian Games was, in her words, "priceless."

Southeast Asian Game Results:

<http://results.2005seagames.com.ph/swimming/results.asp>

Jackie Pangilinan

<http://sports.yahoo.com/olympics/photo?slug=r3763641012&prov=reuters>

***Beth Kolbe** resets three of her own American records. For her S3 category, Beth proved once again that hard work pays off. With additional focus on her starts and turns, Beth lowered her American records in the 50 free to a 1:10.72 and 100 free to a 2:28. The previous records were set earlier in November at our meet against Brown. Showing

true stamina, Beth also swam the 200 free time, an event that she has not competed in since January 2005 and bettered her existing record by 25 seconds to a 5:13.72.

Beth is off to compete at the US Open December 8-10 at the University of Minnesota. To follow her results, view:

http://www.usolympicteam.com/paralympics/swimming_teams_33648.htm

Top Times as of December 3, 2005

50 Free

Amanda Slaight	23.64	vs. Kansas/Northeastern
Erin Mulkey	24.28	vs. Kansas/Northeastern
Kathleen Huber	24.72	vs. Kansas/Northeastern
Bridget O'Connor	24.82	vs. Kansas/Northeastern
Christi Morrissey	25.05	vs. Kansas/Northeastern

100 Free

Erin Mulkey	51.51	vs. Kansas/Northeastern
Amanda Slaight	52.08	vs. Kansas/Northeastern
Meaghan Colling	53.37	vs. Brown
Emily Wilson	53.76	vs. Columbia
Kathleen Huber	54.01	vs. Kansas/Northeastern

200 Free

Emily Wilson	1:51.90	vs. Kansas/Northeastern
Erin Mulkey	1:54.33	vs. Columbia
Emily Wilson	1:54.60	vs. Brown
Jess Davidson	1:55.22	vs. Kansas/Northeastern
Kelly Mooney	1:55.78	vs. Kansas/Northeastern

500 Free

Noelle Bassi	4:53.14	vs. Kansas/Northeastern
Stacy Blondin	5:00.07	vs. Kansas/Northeastern
Emiley Jellie	5:01.15	vs. Kansas/Northeastern
Emily Wilson	5:01.47	vs. Kansas/Northeastern
Kelly Blondin	5:02.91	vs. Kansas/Northeastern

1000 Free

Emiley Jellie	10:08.53	vs. Kansas/Northeastern
Stacy Blondin	10:18.73	vs.
Kirsten Harper	10:19.58	Kansas/Northeastern vs. Cornell/Dartmouth
Kelly Blondin	10:28.46	vs.
Paola Duguet	10:28.60	Kansas/Northeastern vs. Cornell/Dartmouth

1650 Free

Emiley Jellie	16:47.70	vs. Kansas/Northeastern
Stacy Blondin	17:03.12	vs.
Noelle Bassi	17:08.45	Kansas/Northeastern practice
Kelly Blondin	17:17.30	vs.
Kirsten Harper	17:22.34	Kansas/Northeastern

100 Fly

Bridget O'Connor	56.49	vs. Kansas/Northeastern
Noelle Bassi	57.57	vs. Brown
Kyle Cutter	58.44	vs.
LeeAnn Chang	58.57	Kansas/Northeastern vs. Brown
Carol Green	59.75	vs. Kansas/Northeastern

200 Fly

Noelle Bassi	1:59.01	vs. Kansas/Northeastern
Jane Evans	2:05.05	vs.
LeeAnn Chang	2:09.26	Kansas/Northeastern vs. Cornell/Dartmouth
Emily Wilson	2:10.61	vs. Cornell/Dartmouth
Kara O'Reilly	2:12.95	vs. Kansas/Northeastern

200 IM

Lindsay Hart	2:06.31	vs. Kansas/Northeastern
Noelle Bassi	2:08.10	vs. Brown
Jess Davidson	2:08.33	vs.
LeeAnn Chang	2:08.51	Kansas/Northeastern vs.
Jane Evans	2:08.96	Kansas/Northeastern vs. Cornell/Dartmouth

400 IM

Noelle Bassi	4:23.24	vs. Kansas/Northeastern
Jane Evans	4:25.79	vs.

		Kansas/Northeastern vs.
Linnea Sundberg	4:28.28	Kansas/Northeastern vs.
Stacy Blondin	4:28.80	Kansas/Northeastern vs.
Jess Davidson	4:30.43	Kansas/Northeastern

100 Back

Lindsay Hart	57.89	vs. Brown vs.
Kim Ono	58.52	Kansas/Northeastern vs.
Linnea Sundberg	59.01	Kansas/Northeastern vs.
Catherine Skoda	59.28	Kansas/Northeastern vs.
Kyle Cutter	1:00.06	Kansas/Northeastern

200 Back

		vs.
Lindsay Hart	2:01.05	Kansas/Northeastern vs.
Kim Ono	2:04.27	Kansas/Northeastern vs.
Jess Davidson	2:05.93	Kansas/Northeastern vs.
Linnea Sundberg	2:06.51	Kansas/Northeastern
Catherine Skoda	2:07.92	vs. Brown

100 Breast

Jackie Pangilinan	1:03.28*	Southeast Asian Games vs.
Meaghan Colling	1:04.67	Kansas/Northeastern vs.
LeeAnn Chang	1:06.21	Kansas/Northeastern vs.
Joanna Lee	1:06.88	Kansas/Northeastern
Jane Evans	1:07.45	vs. Cornell/Dartmouth

200 Breast

Jackie Pangilinan	2:16.91*	Southeast Asian Games vs.
Meaghan Colling	2:19.26	Kansas/Northeastern vs.
LeeAnn Chang	2:19.59	Kansas/Northeastern vs.
Jane Evans	2:20.46	Kansas/Northeastern
Kirsten Harper	2:25.97	vs. Brown

* converted from
LCM

100 breast 1:12.73, 200 breast 2:35.58

ALUMNI UPDATE

Engaged:

If you graduated between 1993-2005, then you know **Rick Osterberg**. A former men's swimmer '96, Rick began running meets while he was still a student. Post college, Rick has been working with Harvard's computer services and volunteering his time to run our meets. We have all said more than once that we don't know what we would do without him! On behalf of Harvard Women's Swimming and Diving, we congratulate Rick Osterberg and **Jessica Stokes** on their recent engagement. Jess, a graduate of Williams College and an All-American swimmer, was our volunteer coach during the 2002-2003 season. She is now in law school at BC. We wish them all the best for a happy future together.

New Friends' Co-Chair:

Denis Sirringhaus '99 joins Friends from his second year at Wharton Business School and is excited to get alumni more involved with the current teams. Denis previously helped fundraising efforts with the Harvard Senior Class Gift and organized charitable fundraisers while living in New York City. He's looking forward to hearing from alumni about new ideas and updates (dsirringhaus@post.harvard.edu) and will be in touch in the coming months.