



POOLSIDE

Volume IV, No. 2

The Newsletter For The Friends of Harvard Swimming & Diving

April 2004



The women celebrated their season at the end of the season banquet held April 9th at the Harvard Club of Boston.

From the Women's Coach...

The Harvard women's swimming and diving team completed its strongest championship meet in years. Considering the fact that we scored 1300+ points in the entire meet, finishing second by 16.5 points was an incredibly slim margin. In the past three years, the team finished fourth, third and second and was looking to complete the succession. Although disappointed that we fell short of this goal, we have to keep the meet in perspective. Last year, the team barely finished ahead of Brown and was ecstatic to be in second place. This year, the team's level of expectations and confidence changed and they were no longer satisfied with second place. Having come so close to victory, next year, they are poised for the first conference win since 1992.

Highlights of the season include seven NCAA "B" cuts and Molly Ward's two team records: 50 free at 23.42 (tied with Linda Suhs) and 100 free at 50.96. Michelle Bright won the 200 back for the second year in a row and freshman Annika Giesbrecht had an incredible showing on 1-meter to win the event. The fact that there were only two individual event winners at the Ivy Championships proves that our team has a significant amount of depth. Next year, 17 swimmers and divers out of 20 on the Ivy Championship squad will be returning. In addition, Noelle Bassi, a transfer from Tennessee, will be eligible next season. Noelle won the 200 meter fly (2:10.96) at Spring Nationals and now ranks third in the country in the event. Our incoming freshmen class includes two top divers and seven swimmers, three of whom have qualified for Olympic Trials. The future for HWSD is certainly bright.

There is a lot that goes into organizing and running a successful program and I am thankful to have a wonderful coaching staff. Keith Miller has done a tremendous job with the Harvard diving program. With two finalists at the Ivy Championships, including

Continued on page 2

From the Men's Coach...

The season began with a very large freshman class and a team searching for a new identity. Kevin Budris' family opened up their home for the annual get-together before school started. The weekend highlight was the entire men's swimming team getting a live makeover on MTV in Times Square. Fortunately, none of the guys were swept off to Hollywood, so we began the year with a full group excited about the upcoming season.

We opened up the season with an exciting meet against Columbia, with some new faces starting to make an immediate impact on the team. We traveled to a new venue for the December

Invitational and landed on the campus of Notre Dame. After a very slow first day, we had some strong swims the following two days. Unfortunately, a very strong snow storm followed us and we spent an extra day and night in Chicago. Coming off the long road trip to ND, we had a number of best

times against Brown to finish off the first half of our season.

Next the team headed to Islamadora Island in the Florida Keys for our training trip. The weather was not as warm as we would have liked, but some good training and a snorkeling cruise helped make it a successful trip. Next year we are planning on traveling to Puerto Rico to ensure the temperature will be right.

The new year brought a trek to Annapolis for the Navy meet, where we had some real nice short course meter swims. We then traveled down to UNC the following weekend and defeated the Tarheels in a meet that went down to the last two events. Despite

very good unshaved times and solid diving at HYP, we finished second to Princeton and defeated Yale. We used the Cornell-Dartmouth competition to highlight next year's team. The guys got a glimpse of the future by competing without the senior class. Penn decided not to bring a full squad so our final win was a bit lopsided. "Iron Man" Patrick Morrissey did have a great meet. Having never done the majority of



David Cromwell at the NCAA Championships



Rassan Grant at the NCAA Championships

Continued on page 3

Continued from page 1

a champion, on 1-meter, three finalists on 3-meter and two strong incoming divers, Harvard diving will remain a force in the league for some time. Angie Peluse '01 is a tremendous asset to our team. Although she had big shoes to fill when Katherine Veazey left, Angie's fun personality, strong organizational skills and love of Harvard swimming and diving have created a smooth transition into the role of Assistant Coach. Our Volunteer Coaches, Rebekah Lorenz '02 and Ali Shipley '01 assisted on deck daily and were present at meets. Rebekah also took charge of Junior recruiting. It is invaluable having Harvard graduates involved and acting as mentors for the team.

At the end of every season, I reflect on what we did well and where we need to improve. Due to Thanksgiving being late the past few years, we were unable to travel to an Invitational as we were committed to swimming against Penn and Columbia in early December. However, we gain a weekend this year, and I think it is very important for our team to travel to an Invitational for two reasons: first, to gain experience swimming teams out of our league and second, to take the pressure off individual swims at the end of the season by allowing the swimmers to rest for a meet mid-season. Traveling to this meet could cost around \$16,000 and I request that all alumni who have not donated yet this year, please give to this certainly worthwhile cause.

In the fall letter, I mentioned that we were attempting to reconnect you with your team experience and strengthen our alumni group. I am happy to report that with the help of local alumni, we are achieving these goals. Anna Fraser '03 was instrumental in putting together an e-mail list. If you have not received anything regarding the team via e-mail, please contact me at morawski@fas.harvard.edu with e-mail updates or changes. I hope you find these occasional e-mails informative.

By hosting a reception after the Ivy Championships, RoAnn Costin and Maura Costin Scalise helped Hilary Cruz-Abrams reunite former swimmers and divers with their teammates and create enthusiasm for the current team. Members from the Class of 1974 to 2003 were represented! It is important to remember that you all played an important role during your years on the team, and when you look back on your experience, it isn't just about how fast you swam or how well you dove. Harvard swimming and diving is also about the friendships you made and the laughs you shared. Being part of a team at Harvard was, and still is, special, and we would love to have you attend our meets or receptions and donate money to help support team needs as you were once supported when you participated.

I wish all of you a wonderful spring and hope to see you at Blodgett in the future.

Stephanie Wriede Morawski
Harvard Women's Swim Coach
morawski@fas.harvard.edu

Honors & Awards

Michelle Bright '07

First Team All-Ivy (200 backstroke)

Alli Bates '05

Second Team All-Ivy
(400 Medley Relay, 100 butterfly)

Molly Brethauer '05

Second Team All-Ivy
(400 Medley Relay)

LeeAnn Chang '07

Second Team All-Ivy (200 breaststroke)

Erica De Benedetto '05

Second Team All-Ivy (400 Medley Relay)

Jane Evans '07

Second Team All-Ivy (400 Indiv. Medley)

Annika Giesbrecht '07

First Team All-Ivy (1M diving)

Kate Nadeau '04

Second Team All-Ivy (200 butterfly)

Renee Paradise '04

Academic All-Ivy

Molly Ward '05

Second Team All-Ivy
(400 Medley Relay, 50 freestyle)

Emily Wilson '07

Second Team All-Ivy (500 freestyle)

Trophy Awards form Team Banquet

Alice McCabe Award: Erin Mulkey '06

Spirit Award: Molly Brethauer '05

Nancy Sato Award: Abbie Davies '04

Dr. Mary Ellen Mangano Award:

Anne Ossum '05 and Emily Wilson '07

Coach's Award: Emily Stapleton '05

Outstanding Freshman Award:

LeeAnn Chang '07

Sharon Beckman Award: Kate Nadeau '04 & Molly Ward '05

From the Diving Coach...

Harvard Diving had its strongest performance in quite a while this year. For the second year in a row, we had two conference champions. Enrique Roy '04 repeated as the EISL 1-meter champion, and also placed third on 3-meter. Annika Giesbrecht '07 won the Ivy 1-meter title and placed fifth on 3-meter. The men and women both outscored all other teams this year in the diving events.

The Women's Ivy Championships were very exciting, both because of our strength in diving, and also due to the new scoreboard, which allowed us to display the judges scores and a leader board throughout the contest. It was wonderful to see such a positive spectator response to the diving events. Anne Osmun '05 joined Annika on the award stand on 1-meter, placing fourth. Both Anne and senior captain Renée Paradise finished in the top eight on 3-meter, placing fourth and sixth, respectively.

Enrique's finishes at the EISL meet, combined with Dan Rybalko '06, who was second on both boards, and Tom Crahan '04, who just missed finals on 3-meter by one place, were enough to score 141 points for the team this year, our highest finish in recent memory. The men's 1-meter final was especially exciting as Dan led Enrique by two points going into their final dive. Enrique, diving second to last, scored 7's and 7.5's, for a total of 65.10 points. Dan followed with the same dive, but scored 6.5's, 7's, and one 7.5- a total of 62 points. Enrique won by one point: 333.60 to 332.50, a Crimson 1-2 finish.

Other highlights this year included Annika's first place finish on 3-meter against Yale and Princeton; Dan's double win and our 1-2 finish on 1-meter (along with Enrique) against a previously undefeated Navy diver in January; Dan's win on 3-meter against UNC (and the team's overall victory there!); a men's 1-2 finish on BOTH boards against Yale and Princeton.

I should also say that we were so fortunate to have a terrific group of six hard-working and fun-loving divers, and as always, I'll be sad to see the seniors go. Congratulations on a great four years to Tom Crahan, Renée Paradise and Enrique Roy.

Keith Miller
Head Diving Coach

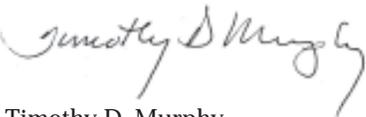
the events in his lifetime, Patrick had numerous best times and scored in one event.

We did not swim to our expectation at the EISL Championships. We had a number of excellent individual performances but fell short of achieving our goal of a championship. Rassan Grant and David Cromwell both won three events and shared the high point award. Rassan also won the Ulen Award for the senior high-point career scorer at Easterns. David set a new team record in the 200 yard back, breaking Tom Peterson's record from 1992. New team records were established in the 200 and 400 medley relays as well. Cromwell, Grant, Smith and George set the 200 record. Cromwell, Grant, Smith and Knepley set the 400 record. Our divers did a great job, with Dnil Rybalko and Enrique Roy both earning First Team All Ivy. Enrique also won the outstanding diving award.

Our season ended with Harvard making its presence felt at the NCAA's in Long Island, New York. Rassan Grant ended his career with a 13th place finish in the 100 Breast. David Cromwell got 9th, winning the consolation heat in the 200 back. Rassan and David both earned Honorable All-American honors and we finished 30th in the team standings. We are looking forward to next year's EISL Championship and the NCAA's. John Cole and James Lawlor will return from taking the year off to prepare for the Olympic Trials. They will join a strong class of returning Major H swimmers and an exciting incoming freshman class.

As you know the Friends of Harvard Swimming and Diving provide a backbone of financial support to men's swimming and diving. The team and coaching staff are grateful for the support you have given us this year. We want to invite you to help us celebrate 75 years of men's swimming the weekend of November 19th and 20th 2004. We will be hosting Columbia on Friday night at 7:00 p.m. with a reception after the meet. Saturday morning will be our alumni meet followed by a barbeque. Then we're off to THE GAME - Harvard vs. Yale football. Our festivities will conclude with a reception and dinner at the Harvard Club on Commonwealth Ave. on Saturday evening. Please join us for an exciting weekend of fun and memories. We would like to use this occasion to galvanize our Friends Group and provide a historical perspective and a vision for the future. We will also establish financial goals and plans to ensure the future for Harvard Swimming. Please spread the word to friends and teammates. Visit our website for the details, hotels, etc.

Sincerely,



Timothy D. Murphy
Harvard Men's Swim Coach
tdmurphy@fas.harvard.edu

SAVE THE DATE!!

November 19-20, 2004

Harvard Swimming & Diving Alumni Weekend

Friday - Men's team vs. Columbia

Saturday - Alumni Meet followed by a BBQ

Harvard vs. Yale Football at 12:30 p.m.

*Celebrating 75 Years of Harvard Men's Swimming
Dinner that evening.*

More information will be sent out this fall

Honors & Awards

Brad Burns '04

Second Team All-Ivy (200 freestyle relay, 400 freestyle relay)

Kemi George '04

First Team All-Ivy (200 medley relay)

Second Team All-Ivy (200 freestyle relay)

Rassan Grant '04

NCAA Qualifier (100 breaststroke)

Honorable Mention All-America

Moriarty Award co-winner as top point scorer at Easterns

First Team All-Ivy

(100 & 200 breaststroke, 200 IM, 200 medley relay, 400 medley relay)

Academic All-Ivy

Enrique Roy '04

Outstanding Diver Award at Easterns

First Team All-Ivy (1-meter diving)

Second Team All-Ivy (3-meter diving)

Andy Krna '05

Second Team All-Ivy (200 freestyle relay, 400 freestyle relay)

Ryan Smith '05

First Team All-Ivy (200 medley relay, 400 medley relay)

Second Team All-Ivy (100 butterfly)

David Cromwell '06

NCAA Qualifier (200 backstroke)

Honorable Mention All-America

Moriarty Award co-winner as top point scorer at Easterns

First Team All-Ivy

(100 butterfly, 100 & 200 backstroke, 200 medley relay,

400 medley relay)

Second Team All-Ivy (400 freestyle relay)

Mark Knepley '06

First Team All-Ivy (400 medley relay)

Second Team All-Ivy (200 freestyle relay, 400 freestyle relay)

Dan Rybalko '06

First Team All-Ivy (3-meter diving)

Second Team All-Ivy (1-meter diving)

Trophy Awards form Team Banquet

Reid Jorgenson Trophy: Andrew Krna

William J. Brooks Trophies: David Cromwell, Rassan Grant,

Enrique Roy

Stowell Trophy: Kemi George

Eugene B. Wyman Trophy: David Cromwell

Harold S. Ulen Trophy: Kevin Budris, Kemi George

**Full Meet Results for both the
Men's & Women's team is
available on the web at:
www.hcs.harvard.edu/swim**

FROM THE FRIENDS...

This season was another very successful one for both the women's and men's swimming and diving teams! Both teams did impressively well at their respective championships, with many records broken and best times swum. Go Crimson!

It has also been an exciting year for the Friends of Harvard Swimming and Diving, as we have been trying hard to meet our fundraising goals and prepare for a fun Harvard Swimming and Diving weekend next year on Harvard-Yale weekend on November 20, 2004. This year brought a change in the Friends leadership, with Hilary Cruz-Abrams '97 taking on the responsibility as Co-Chair. We'd like to take a moment to share with you some of what's been happening with the Friends and some of our plans for the future.

It's time to reconnect - We want to build a community of former Harvard swimmers and divers, both men and women, across the classes and around the world. Please take a moment to make sure your contact information is current, and email us with updates. You can expect to receive regular reports on how the team is doing, as well as news on the alumni front. You should be hearing from your newly established class agent over the summer to help you stay up to date.

Upcoming Events - The 2004-2005 season will mark the 75th anniversary of Harvard men's swimming and diving, and the 30th anniversary of the women's program. We're going to be planning some events over the next few months to mark these milestones.

We need your help - The athletic department has significantly increased the amount of support the Friends Group must provide to the men's and women's teams. Our fundraising goal hasn't been met for the year yet, and with your help we want to get there. As always, we welcome your suggestions on how we can make things happen.

To make a contribution to Friends of Harvard Swimming and Diving, you can:

1. Write a check payable to the "Friends of Harvard Swimming and Diving" and mail it in the enclosed envelope.
2. Call the Harvard Varsity Club at (617) 495-3535 and give your MasterCard or Visa information over the phone.
3. To make a contribution via securities of cash wire transfer, please call (617) 495-3535 for specific instructions.

Participation - We want to thank all of you who generously donated to Harvard swimming and diving this year. For next year, we are instituting the following giving levels, which we will publish to acknowledge your support.

Olympic Circle: \$7,500 and above

NCAA Champion: \$5,000 - \$7,499

Hall of Famer: \$2,500 - \$4,999

All-American: \$1,000 - \$2,499

All-Ivy: \$500 - \$999

Varsity: \$250 - \$49

Friend: Any Donation below \$250

Our many thanks to the Friends who have already donated this year (see list below). Thanks for your continued support of Harvard swimming and diving. We look forward to working with you as we work for the successful future the program.

Sincerely,

Hilary Cruz-Abrams '97
hsabrams@yahoo.com

Jeffrey Peltier '80
jpeltier@lehman.com

David Alpert '97	John Fox '59	Michael Lin '90	John Pringle '64
Peter Alter '68	Sharon Franklin '86	Jon Lind '57	Alan Rapperport '55
Robert Andelman	Michael Gaffin '65	Mr. & Mrs. Don Linsenmann	Richard Roebuck '73
Stephen Baird '74	Roy Geronemus '75	Andrew Lockman '83	Mary Ruppe '91
David Barnes '44	Robert Goodspeed '45	Susan Machorek '00	Pamela Ryan '82
Eric Bierrie '51	Robert Hackett '81	Susan Mangold '82	Deborah Rychlowski
William Bird '88	Andrew Hamilton '59	Maureen Mann '83	Molly Schafer '88
Jill Bollettieri '91	John Hammond '59	Donna Marcin '85	Karen Schneider '89
Julia K. Broas '82	Eric Hanson '70	Jeffery Marks '96	Wayne Scott '67
Shepard Brown '50	Melvyn Harris '53	Gordon Martin '57	Edward Seaton '65
Sarah Buckley	Patrick Healy '89	Alice McCabe	Eric Seder '79
Peter Buffington '58	Macaire Henderson Osmont '79	Brian McCarron '78	Mark Shagena '90
Hope Burnam '81	Craig Hersh '93	Douglas McCartney '60	Ali Shipley '01
Roger Clifton '57	Henry Howell '55	Anthony Meier '84	David Silver '72
Amos Coffman '62	Dennis Hunter '64	Robert Meyer	David Smith '45
Franklin Coleman '38	Alan Illig	Catherine Milch '85	Caroline Solomon '96
Jane Corlette	Robert Jaffe '57	Elliot Miller '64	Regina Stuart '81
K.C. Crahan	Pliny Jewell '54	Clayton Miller '87	William Tanenbaum
Hilary & Carlos Cruz-Abrams	L. Jewett '57	Frederick Mitchell '74	Ruth Tanenbaum Friedman '92
Eric Cutler '40	Nancy Jo '00	Ahmad Moccari	Caldwell Titcomb '47
Nancy Danoff '79	Abba Kastin '56	Katherine Morris '95	Alexis Todor '00
John Dennis '86	Joseph Kaufman '89	Sarah Murphy '02	Scott Wartel '77
Mark Depman '76	Robert Kaufmann '62	Nancy Murray '87	James Waters '01
Christen Deveney '99	Donald Kidd '92	Justin Nyweide '02	H. Watkins '50
Jim Dooling '87	R. Kornish '87	Sheila Olson '90	Katherine Watson
Walter Downing '42	James Kulikowski '75	Harvey Onore '61	Albert Weatherhead '50
William Drucker '43	Elizabeth Lasser '82	Richard Osterberg '96	Robert White '41
Sarah Durkin '96	David Law '72	Richard Ou '94	Eva Wilson '93
Sigo Falk '57	Richard Lawler	Harvey Pastel '45	Thomas Wolf '77
Paul Flynn '99	Adrienne Leight '00	Nick & Vicki Peluse	Thomas Woods '50
Bruce Fowler '66	John Lightfoot '85	Cynthia Phillips '83	Andrew Zachary '77
			Deborah Zimic '84